

WHAT CAN YOU DO?

Fundraise

Host Creative Fundraiser Events

Volunteer

NAMI Walks

Awareness Events

Take the Stigmafree Pledge

<https://www.nami.org/Get-Involved>

For more information visit:

<http://www.nami.org/Learn>

[More/Infographics-Fact-Sheets](#)



National Alliance on Mental Illness

Contact Us:

Trisha Chaung (NAMI
Hawaii Manager)

manager.nami.hawaii@gmail.com

Hope Yuasa (Hawaii HOSA
Vice President of
Programs)

hopeyuasa@gmail.com

WHAT IS NAMI?

2016-2018 NATIONAL HOSA SERVICE PROJECT

NAMI is the National Alliance on Mental Illness. The mission of NAMI is to build better lives for those affected by mental illness. NAMI advocates for effective prevention, diagnosis, treatment, support, research, and recovery for those affected by mental illnesses. Its goal is to raise awareness, provide support, and educate the community about mental illnesses.

DID YOU KNOW?

1 in 5 children ages 13-18 have, or will have a serious mental illness