

2015 Hawaii HOSA Competitive Events Information
2015-16 National Theme: Innovate—Inspire—Ignite
HOSA Week: November 1-7, 2015

Event	Format	Comments
Health Science Related Events		
Dental Terminology	100 Multiple Choice Questions, 10% spelling to be added.	Time Limit: 1 ½ Hours (Written Test)
Behavioral Health	50 questions at regional and state.	New Event. See event guidelines. May have 100 questions at the national conference.
Medical Spelling	50 Multiple Choice Questions	Top 50% of scores from round one will advance to round two. Time Limit: 1 Hour (Written Test); Moderator will pronounce words and provide definition; use in a sentence will not be provided.
Medical Terminology	100 Multiple Choice Questions and 30 tie-breakers (fill in)	Time Limit: 1 ½ Hours (Written Test)
Medical Math	50 Multiple Choice Questions and 25 tie-breakers (fill in)	Must have correct spelling . Time Limit: 1 ½ Hours (Written Test) Tie-breaker change - 10 complex, multi-step questions. At NLC, competitors will enter their responses on a grid, similar to the process used for PSAT/SAT.
Medical Reading	50 Multiple Choice Questions and one (1) tie-breaker essay. Total time = 60 minutes	Not a team event. 2015-16 Medical Reading Books <ul style="list-style-type: none"> • <i>Josie's Story</i> – Sorrel King • <i>Being Mortal</i> – Atul Gawande • <i>Dentist Goes Animal</i> – David Fagan • <i>The Woman Who Knew Too Much</i> – Gayle Greene • <i>Taking People with You</i> – David Novak
Human Growth and Development	100 Multiple Choice Questions and 1 tie-breaker (essay)	Time Limit: 1 ½ Hours The following resource has been deleted: <i>Dacey's Human Development Across the Lifespan</i> (Written Test)
Nutrition	100 Multiple Choice Questions and 1 tie-breaker (essay)	Time Limit: 1 ½ Hours (Written Test)
Pharmacology	100 Multiple Choice Questions and 1 tie-breaker (essay)	Time Limit: 1 ½ Hours (Written Test)
Pathophysiology	100 Multiple Choice Questions and 1 tie-breaker (essay)	Time Limit: 1 ½ Hours (Written Test)
Medical Law and Ethics	100 Multiple Choice Questions and 1 tie-breaker (essay)	Time Limit: 1 ½ Hours (Written Test)
Transcultural Health Care	100 Multiple Choice Questions and 1 tie-breaker (essay)	Time Limit: 1 ½ Hours (Written Test)
Health Professions Events		
Biotechnology – Event name changed to Biomedical Laboratory Science.	50 Multiple Choice Questions and Scenario	Time Limit: 1 Hour for Multiple-Choice Test, top scoring teams will advance to Round 2 for selected skill procedure(s) identified in written scenario. A new skill has been added called Preparing a Laboratory Solution.
Clinical Specialty	12-13 Page (one-sided) Career Portfolio	No sheet protectors or page dividers (Refer to Clinical Specialty rules and procedures in Competitive Events Handbook). Original and two copies must be submitted on the day of the conference. Students must bring own laptop or DVD player with skill demonstration pre-loaded. Also needed: signed release form. Portfolio must be contained in an official HOSA notebook or portfolio purchased from Awards Unlimited. (NRP Portfolio – NBK150, NBK250 or PBK2002) The required portfolio pages have been modified and combined. Timing revisions were made. See guidelines for details.
Medical Assisting	50 Multiple Choice Questions and Scenario	Time Limit: 1 Hour for Multiple-Choice Test; top scoring teams will advance to Round 2 for skills demonstration, usually 1 to 3 skills (procedures) exactly as listed in the event guidelines. Competitors must bring all items noted with ***

Event	Format	Comments
		in the materials section of these guidelines to the event. This event has been completed revised. All the skills are new except for Sterile Gloving. See guidelines for details.
Nursing Assisting	50 Multiple Choice Questions and Scenario	Time Limit: 1 Hour for Multiple-Choice Test; top scoring teams will advance to Round 2 for skills demonstration, usually 1 to 3 skills (procedures) exactly as listed in the event guidelines. Competitors must bring all items noted with *** in the materials section of these guidelines to the event. Round 2 may be scheduled off-site.
Physical Therapy	50 Multiple Choice Questions and Scenario.	Time Limit: 1 Hour for Multiple-Choice Test; top scoring teams will advance to Round 2 for skills demonstration, usually 1 to 3 skills (procedures) exactly as listed in the event guidelines. Competitors must bring all items noted with *** in the materials section of these guidelines to the event.
Sports Medicine	50 Multiple Choice Questions and Scenario	Time Limit: 1 Hour for Multiple-Choice Test; top scoring teams will advance to Round 2 for skills demonstration, usually 1 to 3 skills (procedures) exactly as listed in the event guidelines. Competitors must bring all items noted with *** in the materials section of these guidelines to the event.
Veterinary Science	50 Multiple Choice Questions and Scenario	Time Limit: 1 Hour for Multiple-Choice Test; top scoring teams will advance to Round 2 for skills demonstration, usually 1 to 3 skills (procedures) exactly as listed in the event guidelines. New skills have been added to this event and a list of equipment is now included for the equipment and instrument identification skill. CPR skills has been deleted.
Biotechnology, Nursing Assisting, Sports Medicine, Physical Therapy, Veterinary Science, and CPR/First Aid	Round Two - Skills Events	Each skill event with procedures is written up as a scenario that requires the competitor to demonstrate 1-3 skills (procedures) as listed in the event guidelines as part of the potential “situation” in which a health care worker might actually perform the skill(s). The competitor performs the procedures of the event and is evaluated by a judge or judges.
Emergency Preparedness Events		
CPR/First Aid	50 Multiple Choice Questions and Scenario	Two-Person Team Time Limit: 1 Hour for Multiple-Choice Test; top-scoring teams will advance to Round 2 for skills demonstration, usually 1 to 3 skills (procedures) exactly as listed in the event guidelines. HOSA will provide cell phones for use during the event. Competitors may NOT bring their own cell phones to any HOSA competitive event. A new resource has been added, <u>First Aid and Emergency Preparedness</u> . This resource will only be used in developing the test. The official resource for CPR skills is the American Heart Association. Pediatric CPR has been added as a skill.
Public Health	Round One is a 4 minute presentation. If team advances to Round Two, team makes a 10 minute presentation	Team of 2-6 members will create an effective public health presentation to educate the public. Topic for 2015-16 is Skin Cancer Prevention . Screen and electricity will no longer be provided by HOSA in Round Two.
Epidemiology	50 multiple-choice items and a case study consisting of between 5 and 20 short answer questions worth 50% of the final total score.	Competitors will be given a maximum of two hours to complete the test and case study. See online resources in event guidelines.
Medical Reserve Corps Partnership	Portfolio and Presentation to Judges	Documentation of MRC partnership activities. A verification letter from the local MRC Unit Coordinator will be a required part of the portfolio.
Leadership Events		
Extemporaneous Health Poster	3 hours to complete a poster	Topics will be related to HOSA or Health Science curriculum competencies. Support documentation (articles, pamphlets, etc.) may be provided. For example: <ul style="list-style-type: none"> • Eating Right • Tips for Skin Cancer Prevention • The Benefits of HOSA Membership Must provide own supplies as listed in the guidelines.

Event	Format	Comments
Extemporaneous Writing	Written Essay (1 Hour)	This can be any topic related to Health Science Education or HOSA, such as: <ul style="list-style-type: none"> HOSA: A Contributing Member of the Healthcare Community <ul style="list-style-type: none"> How does HOSA contribute to the healthcare community? What types of services does HOSA provide? What are the benefits to the healthcare community? What are the benefits to HOSA members? Competitors will bring their own laptop computers with Microsoft Word and essays will be word processed, submitted on a HOSA provided flash drive, may be checked for plagiarism, and printed for the judges.
Medical Photography	Delete CR-ROM submission requirement	Refer to Medical Photography rules and procedures in Competitive Events guidelines. A round 1 rubric has been added for the photos, with the top scoring competitors advancing to round 2, and all competitors participating in the Showcase.
Job Seeking Skills and Interviewing Skills*	Cover letter and resume will be submitted at the interview	One-page cover letter and one-page resume.
Prepared Speaking and Speaking Skills*	5 minute maximum length (no props allowed)	The speech topic is: Innovate—Inspire—Ignite
Researched Persuasive Speaking	5 minutes for delivery 5 minutes for questions	Refer to Research Persuasive Speaking rules and procedures in Competitive Events guidelines for written research paper requirements (bring two copies to conference) This year's topics are: <ul style="list-style-type: none"> Do adolescents have the right to make autonomous medical choices? Should the government have a say in our diets?
Healthy Lifestyle	Round One is a written, multiple choice test. Round Two will be a 6-minute interview	Each competitor will set a personal goal and document his or her efforts in a personalized Healthy Lifestyle notebook. Time period begins on or after September 1, 2015 and will conclude on February 15, 2016
Teamwork Events		
Biomedical Debate	50-question, multiple-choice test in Round 1. Debate position (either affirmative or negative) based on random selection.	Teams of 3-4 competitors to follow a modified Lincoln-Douglas debate format. 2015-16 Topic: The benefits of genetically modified foods outweigh the harms The multiple-choice questions on the Round One test will assess knowledge of the topic.
Community Awareness	Project Portfolio is limited to a maximum of 22 single-sided or 11 double-sided pages	Team of 2-4 competitors. Refer to Community Awareness rules and procedures in Competitive Events Handbook. Portfolio must be contained in an official HOSA notebook or portfolio purchased from Awards Unlimited. (NRP Portfolio – NBK150, NBK250 or PBK2002) The required portfolio pages have been modified. The portfolio will have a maximum of 7 pages, 2 pages are required and 5 are optional. Timing revisions also made. See event guidelines for details.
Forensic Medicine	50-question, multiple-choice test in Round 1	Teams that advance to Round 2 will complete a two-part analysis of the case study. Typically, the problem includes a crime scene or description of the events leading to the death of a victim(s), and additional documentation which generally includes an autopsy. The test plan was revised. Visit event guidelines.
Health Career Display (Name change)	Maximum Dimensions are 3ft. x 4ft. x 2ft. 15 minutes to assemble display and 5 minute speech delivery	Team of 2 competitors. Electrical power will no longer be provided for this event. Elimination of technology. Rating sheet will include 55% presentation and 45% display. Set-up time has been changed to 15 minutes. Read event guidelines as major changes have been made including a "required" presentation board. A round 1 rubric has been added for the display, with the top scoring teams advancing to round 2, and all competitors participating in the Showcase.
Health Education	Notebook, media, and oral communication skills	Team of 2 to 4 members select a health-related concept or instructional objective, then prepare a lesson, provide instruction, and evaluate results. See website for details of notebook and media. Maximum length of lesson (instruction) will be forth (40) minutes. HE Notebook – NBK 150 (1” binder) - \$6.35 from Awards Unlimited.

Event	Format	Comments
Public Service Announcement	Teams consisting of 3 to 6 members will produce a 30-second Public Service Announcement	2014-15 topic is: Concussions: Prevention, Recognition and Treatment YouTube has been added as an option for airing the PSA. A Round One will be added with judges just judging the PSA. Selected competitors will present their oral presentation in Round Two. 2015-16 Topic: Sitting is Death: All About Physical Activity
Medical Innovation	Team consisting of 2 to 4 competitors shall develop a visual display and/or demonstration of a medical innovation.	See event guidelines for details.
Recognition		
Health Care Issues Exam	50 multiple-choice questions and one essay question	Hawaii will probably be able to enter 35 participants in this event according to the formula. See event guidelines for details. The National test will cover information from July 1, 2015 – May 1, 2016.
Barbara James Service Award	Guidelines have changed.	Minimum hours to receive recognition is 100 hours. All hours need to be recorded online and approved by the instructor. See event guidelines
Outstanding State Leader		State HOSA Coordinator will select.
National Service Project	The Leukemia & Lymphoma Society – Pennies for Patients	Minimum of \$100 or service hours to be recognized at the national conference in Nashville, Tennessee. For information visit www.penniesforpatients.org or www.lls.org
MRC Volunteer Recognition	New Recognition Event	See event guideline..
HOSA Happenings	One (1) Chapter Newsletter, either print or electronic or a website to be judged at the state level.	Submit cover page (found on page 4 of the guidelines) and one copy of the original newsletter to be judged by February 15, 2016 to Mrs. Ada Toyama, Hawaii HOSA, 475 22 nd Avenue, Room 215, Honolulu, HI 96816. By May 1, state advisor will submit to national HOSA.
HOSA Week	November 1-7. HOSA week activities planned and implemented throughout the school and local community	HOSA Week report consisting of 4 pages ONLY. Added to Outstanding HOSA Chapter and retired from Recognition Events. Hawaii does not offer Outstanding HOSA Chapter as an Event at the state conference.

* Events for special needs students. See guidelines for details and forms.

* Official HOSA notebooks and/or portfolios are required for Community Awareness, Health Education and Clinical Specialty.